

# Speakeasy for Parents and Carers

Talking to your children about growing up

The FPA Speakeasy course at Black Health Initiative will help you feel more confident when talking to your children about sex, relationships and growing up.

This is a free OCN accredited course for mums, dads and carers of children of all ages. Sessions are once a week over 8 weeks. We offer a relaxed atmosphere where the group can learn together from their own experiences.

For more information or to sign up please Contact Shirleecia at Black Health Initiative on 0113 3070300

[www.blackhealthinitiative.org](http://www.blackhealthinitiative.org)



Did you know...

Evidence shows that good, early sex and relationships education can delay a young persons first encounter of sexual activity